

**FREE**  
Exciting  
Community  
Event

Saturday 30<sup>th</sup> May 11am – 3pm

**Cycling fun day**  
**in Bilborough**



# Promoting cycling in Bilborough

Come and join us for a  
delicious free lunch and  
enjoy a fun day out  
Loads of activities and  
attractions for everyone

## Venue:

Harvey Hadden Sports Centre,  
Wigman Rd, Nottingham NG8 4PB

Children under 14 must be  
accompanied by an adult  
For more information contact the Cycling  
For Health hotline on: 0115 942 1919

- Win a Bike – free raffle
  - Play pedal powered computer games
  - Bicycle powered Smoothie maker
  - Free basic bike repairs/servicing
  - Lots of fun bikes to try out
  - Penny Farthing
  - Pedal powered scalextric
  - Pedal powered sound system
  - Bike games for kids
  - Free Health MOT's
  - Try the WATT bike challenge
  - Free cycle training and assessments
  - Health Trainers – free health advice
- And lot's lot's more**

**Do you have an old bike you want to give away?  
Why not bring it to our bike donation point on the day**