

FREE
Exciting
Community
Event

Saturday 30th May 11am – 3pm

Cycling fun day in Bilborough

Come and join us for a
delicious free lunch
and enjoy a fun day out
Loads of activities and
attractions for everyone

Venue:

Harvey Hadden Sports Centre,
Wigman Rd, Nottingham NG8 4PB

Children under 14 must be
accompanied by an adult
For more information contact
the Cycling For Health hotline
on: 0115 942 1919

- Win a Bike – free raffle
 - Play pedal powered computer games
 - Bicycle powered Smoothie maker
 - Free basic bike repairs/servicing
 - Lots of fun bikes to try out
 - Penny Farthing
 - Pedal powered scalextric
 - Pedal powered sound system
 - Bike games for kids
 - Free Health MOT's
 - Try the WATT bike challenge
 - Free cycle training and assessments
 - Health Trainers – free health advice
- And lot's lot's more**

**Do you have an old bike you want to give away?
Why not bring it to our Bike donation point on the day**